



# NEWS

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## **IMPORTANT Dates to Remember**

- **September 17th -**  
Annual Golf  
Outing Woodcrest  
Country Club



### **31st Annual Golf Classic September 17, 2018**

Mark your calendar!  
Plan to attend the 31st Annual Golf Classic at Woodcrest Country Club, Cherry Hill, NJ on Monday, September, 17th..

#### **Again Register Early and Save!**

Register on or before August 1st: \$200.00 per golfer—\$800.00 per foursome.

Register after August 1st: \$225.00 per golfer—\$900.00 per foursome.

**Please Note:** The proceeds from this event will be donated to Veterans Haven in Winslow, NJ. Veterans Haven is a Transitional Housing Program for homeless veterans. Eligible Veterans must agree to a long term program focusing on psychological, social and vocational rehabilitation.

Veterans completing the program return to vocations which will support them in years to come.



## **Tool Box Safety Talk**

### **Dangers of Summer Weather!**

According to the National Oceanic and Atmospheric Administration (NOAA), heat is the number 1 weather-related killer, resulting in more deaths than tornadoes and hurricanes combined. Heat stress is 100% preventable if proper precautions are taken. Summer is the most high-risk time of year for illness.

**Heat Stress** is a real hazard for workers in many different types of industries including foundries, construction, refinery operations, landscaping, roofing, hazardous chemical environments and many other (Continued)

types of work. Many times, workers simply don't understand the symptoms and preventive measures to take to ensure they don't become a heat-related illness statistic. Employers may want to reference the heat index chart provided by NOAA in order to monitor weather reports from the National Weather Service for excessive heat outlooks (excessive heat event in the next three to seven days) and excessive heat watches, warnings or advisories. These warnings are used for conditions posing a threat to life or property and should be taken very seriously. Symptoms to watch for the three major types of heat-related incidents heat stroke, heat exhaustion, and heat cramps, are below.

#### **Heat stroke:**

Heatstroke is the most serious condition and can occur when the ability to sweat fails and body temperature rises quickly. The brain and vital organs are effectively "cooked" as body temperature rises to a dangerous level in a matter of minutes. Heatstroke is often fatal, and those who do survive may have permanent damage to their organs. Someone experiencing heat stroke will have extremely hot skin, and an altered mental state, ranging from slight confusion to coma. Seizures also can result. Ridding the body of excess heat is crucial for survival.

- Move the person into a half-sitting position in the shade
- Call for emergency medical help immediately
- If humidity is below 75%, spray the victim with water and fan them vigorously; if humidity is above 75%, apply ice to neck, armpits or groin
- Do not give aspirin or acetaminophen
- Do not give the victim anything to drink

**Heat Exhaustion:** When the body loses an excessive amount of salt and water, heat exhaustion can set in. People who work outdoors and athletes are (Continued on Page 2)

particularly susceptible. Symptoms are similar to those of the flu and can include severe thirst, fatigue, headache, nausea, vomiting and, sometimes, diarrhea. Other symptoms include profuse sweating, clammy or pale skin, dizziness, rapid pulse and normal or slightly elevated body temperature. Uncontrolled heat exhaustion can evolve into heat stroke, so make sure to treat the victim quickly.

- Move them to a shaded or air-conditioned area
- Give them water or other cool, nonalcoholic beverages
- Apply wet towels or having them take a cool shower

**Heat cramps:** Heat cramps are muscle spasms that usually affect the legs or abdominal muscles, often after physical activity. Excessive sweating reduces salt levels in the body, which can result in heat cramps. Workers or athletes with pain or spasms in the abdomen, arms or legs should not return to work for a few hours. Instead:

- Sit or lie down in the shade
- Drink cool water or a sports drink
- Stretch affected muscles
- Seek medical attention if you have heart problems or if the cramps don't get better in an hour

**Prevention:** The best way to avoid a heat-related illness is to limit exposure to hot operations and the outdoors during hot days. According to the CDC, air conditioning is the best way to cool off.

Additional precautions – including shade, extra water, more breaks, etc. – should be taken prior to the start of a heat wave. Generally, plans related to hot weather should be in place between May 1 and Sept. 30 of each

2018. New Jersey added 700 jobs for the month, a 0.5% increase, but lost 500 for the year period, down 0.3%. In the region, Connecticut lost 200 jobs for the month, a 0.3% drop, but gained 1,200 for the year period, up 2.1%. Delaware also lost jobs for the month, down 400 for a 1.7% drop, but added 500 over last year, up 2.3%. Pennsylvania dropped 700 jobs for the month, a 0.3% loss, and 10,000 for the year period, a 4.1% slide. Rhode Island shed 200 jobs for the month, down 1.1%, but added the same number a 1.1% for the year period, gain. Only New York picked up jobs for both periods, adding 900 jobs for the month, up 0.2%, and 9,500 for the year, up 2.5%.

**Developer Receives Site Assessment Funding for Atlantic City Property:** Through Atlantic City's site assessment program to spur development of contaminated property, Asbury Park developer Patrick Fasano has received a grant to assess land he would like to turn into a mixed-use development. The beach block between New York Avenue and Saint James Place, now vacant, could become a food court and 40 apartments. The brownfield assessments are funded through a \$300,000 EPA grant announced in January.

**AGC Releases Results of Work Zone Safety Study:** AGC of America released the results of its annual work zone safety survey, announcing 54% of the 550 contractors who completed the survey report motor vehicles had crashed into their construction work zones during the past year. Of those, 48% said motor vehicle operators or passengers were injured, 24% of the crashes resulted in a driver or passenger fatality, 25% of the crashes caused injuries to construction workers and 3% resulted in the death of a worker. In addition, 53% of the responding contractors reported crashes delayed highway work for at least one day.

In response to the latest survey results, AGC of America has launched a new targeted mobile advertising campaign, urging those who regularly commute through highway work zones to be watchful and careful, reaching drivers in Pittsburgh, St. Louis, Birmingham, AL, and Evansville, IN. The ads appear when the mobile phone user opens a web browser or an app with ads – and won't appear unless the user can safely use the phone. During the first three weeks of the campaign, 1.5 million motorists have seen the ads and several thousand have clicked on an ad to view more highway work zone safety tips.



### As Reported From ACCNJ

**Tariffs on Steel Halted for China:** After talks between the US and China, both countries have halted proposed tariffs. The US had threatened steel and aluminum tariffs, China had in return threatened tariffs on aircraft, soybeans, cars, pork, wine, fruit and nuts. An agreement to reduce the trade deficit, in which China would buy more US goods, resulting in both sides backing off from punitive tariffs.

**States Add Construction Jobs for Month and Year:** Construction jobs ramped up in 29 states for the month from March to April and in 38 states for the year-over-year period, April 2017 to April (Cont.)

**Happy Father's Day!**