



# NEWS

304 Harper Drive, Suite 110  
East Gate Center  
Moorestown, NJ 08057  
tel: 856-235-6950  
fax: 856-235-2136  
web: www.BCASJ.com  
bca.southjersey@verizon.net

October, 2018

## **IMPORTANT Dates to Remember**

**December 8th -**  
Annual/Holiday  
Meeting, Hard Rock  
Hotel & Casino



Please join us on December 8<sup>th</sup> for our Annual/Holiday Meeting at the Hard Rock Hotel & Casino, Atlantic City.

Come and enjoy the music of Central Park—Reception 6:30 to 7:30 with dinner and dancing to follow at 7:30.

We are asking all attendees to consider bringing two unwrapped toys for “Toys for Tots”



### **End Of Daylight Saving Time**

November 4<sup>th</sup> most of those in the United States will turn their clocks back one hour for the end of Daylight Saving Time.

With the end of daylight savings time comes an increase of darkness around the time of rush hour, when traffic is at a peak and many are making our way home from work. Drivers aren't used to the decreased visibility – nor are pedestrians, who might take chances crossing roads when they shouldn't.

The end of daylight saving time can leave many feeling fatigued, which can pose safety risks both at home and in the workplace. Some things to keep in mind when switching back to standard time are:

Fatigue -- Studies suggest that it takes people who work traditional hours several days to fully readjust their sleep schedule after the time change. While it may seem a welcome gift to get an extra hour of sleep as opposed to losing an hour in the spring, there is a physiological consequence to changing our clocks . Don't be (Cont.)

surprised if you feel a bit sluggish during the first week or so of November.

Accidents -- Evidence suggests that time changes increase safety problems both at work and at home. Just being aware of the increased risk of accidents in the period immediately following the time change may help you stay alert. Try to avoid building up a sleep debt in the days before the change.

Safety professionals have long used the start and end of daylight saving time as reminders for performing recurring safety tasks. Use the occasion of setting your clocks back as a cue to:

Check and replace the batteries in your smoke and carbon monoxide (CO) alarms. Ensure they are working properly and replace the batteries. Replace any smoke alarm unit that is older than 10 years. Replace any CO alarm unit that is older than 5 years.

Prepare a winter emergency kit for your automobile. Such kits can be a lifesaver if you are stuck out in bad weather while driving.

Check to see if your fire extinguishers need recharging. Check the small gauge at the top of the extinguisher. If the needle in that gauge is in the green, chances are, the extinguisher is okay. If it is in the red, you need to have the extinguisher recharged.

**BCA/SJ is pleased to welcome the following new Members:**

**Contractor Member**

**Pullman SST, Inc.**

David McGee, Industrial Division Manager  
2227 High Hill Road, Swedesboro, NJ 08085  
Office: 877-701-5236 Cell: 240-561-8361

**Associate Member**

**Gallagher Insurance/Risk Management/  
Consulting**

Brian Gallagher, Marketing Executive  
4000 Midlantic Drive, Mt. Laurel, NJ 08054  
Office: 856-675-2353



## Working Safely in Trenches

According to the Bureau of Labor Statistics, excavation and trench-related fatalities in 2016 were nearly double the average of the previous five years.

OSHA has made reducing trenching and excavation hazards the Agency's Priority Goal. Trench collapses, or cave-ins, pose the greatest risk to workers' lives.

When done safely, trenching operations can reduce worker exposure to cave-ins, falling loads, hazardous atmospheres, and hazards from mobile equipment.

OSHA standards require that trenches and protective systems be inspected daily and as conditions change by a competent person before work begins.

### Never enter a trench unless:

- It has been properly inspected by a competent person.
- Cave-in protection measures are in place.
- There is a safe way to enter and exit.
- Equipment and materials are away from the edge.
- It is free of standing water and atmospheric hazards.

### Prevent trench collapses:

- Trenches 5 feet deep or greater require a protective system.
- Trenches 20 feet deep or greater require a protective system designed by a registered professional engineer.

### Protective systems for trenches:

- SLOPE or bench trench walls by cutting back the trench wall at an angle inclined away from the excavation.
- SHORE trench walls by installing aluminum hydraulic or other types of supports to prevent soil movement.
- SHIELD trench walls by using trench boxes or other types of supports to prevent soil cave-ins

11% drop; and Newark lost 2,400 jobs, a 5% drop. Bergen-Hudson-Passaic also shed jobs, down 100 (no percentage registered). Atlantic City-Hammonton was the bright spot, gaining 700 jobs, a healthy 13% increase. Trenton and Vineland-Bridgeton also picked up jobs for the year period, 200 (up 4%) and 100 (up 3%) respectively.

### NJ Again Loses Construction Jobs While Most States Gain:

New Jersey again came in at the bottom of all 50 states and DC, one of only three states that lost construction jobs between August of 2017 and August of 2018. Down 6,600 jobs, a 4.2% decline, New Jersey did gain 200 jobs for the month from July to August, a tiny 0.1% increase. Across the country, 45 states and DC added jobs for the year-over-year, and two remained unchanged, including Pennsylvania, which did lose 1,900 jobs for the month, a 0.7% decrease. Elsewhere in the region, Connecticut picked up 3,700 for the year period, up 6.3%, and 500 for the month, up 0.8%; Delaware added 1,400 jobs for the year period, up 6.5%, and remained unchanged for the month; New York added 12,900 jobs for the year period, a 3.4% increase, and 800 for the month, up 0.2%; and Rhode Island added 700 for the year period, a 3.8% gain, although it lost 100 jobs for the month, a 0.5% drop.

### PATCO's Franklin Square Station in Philly Gets Re-design:

The project, estimated at \$26 million, will re-open the PATCO Hi-Speedline station at Franklin Square in Philadelphia, which closed in 1979. The Delaware River Port Authority saw new design concepts for the station last week. Still in infancy, the design calls for a building at street level with four glass walls encasing a lobby and fare gates, an angled roof along Seventh Street and a main entrance on Race Street. Escalators from the lobby would carry passengers down to the train platform. DRPA applied for a \$13.9 million US DOT grant to help pay for the new building and has also allotted part of its annual Federal Transit Administration grants toward the project. Targeted construction start date is April 2020 with a completion date in December 2022.



## As Reported From ACCNJ

### New Jersey Metro Areas Shed Most Construction Jobs in August:

Of the 358 US metro areas, 287 gained construction jobs in the year-over-year period from August 2017 to August 2018. But three New Jersey metros landed at the bottom, losing more construction jobs than most other metros: Middlesex-Monmouth-Ocean lost 4,500 jobs, an 11% drop; Camden lost 2,600 jobs, also an (Cont.)

Happy Halloween

